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| **Embodied-Relational Therapy**  **15th Training, starting June 2022 Application Questions** |  |

**We ask you to read and consider these questions for the 2022 ERT training before arranging an informal interview with us for the training.**

You do not need to write responses.

-What are your goals/expectations/aims for the course? How do you hope to change?

-What are your fears in joining the training?

-Do you have extensive experience as a client in one-to-one therapy? Are you currently in one-to-one therapy?

-What are your learning edges professionally/ personally?

-What personal and professional support do you have in place for the duration of the training?

- We will be paying attention on the training to embodied marginalisation and privilege – the ways in which discrimination and privilege play out both in our bodies, and the bodies of those we work with. How does this land with you as read this?

-Can you make all the dates?

-Are you comfortable enough with sharing your personal process at a deep level in groups?

-Please note that:

*The 2-year modular ERT training is postgraduate, for people already qualified in counselling, psychotherapy or therapeutic bodywork; it occasionally accepts someone not already qualified but with exceptional qualities and/or experience, on the understanding that this training alone will not lead to accreditation as psychotherapist or counsellor. Our experience is that having training groups made up of people from a wide range of modalities, with a wide range of level of experience and qualification helps to enrich the training experience of all trainees.*

-Do you have any access needs that you would like us to take account of in how we deliver the course?

-What questions do you have about the course at this time?

**THE CLOSING DATE FOR BOOKING FORMS is 20th May 2022**

For details of upcoming ERT workshops run by Nick, Allison, Jayne, or Stephen:

[www.erthworks.co.uk](http://www.erthworks.co.uk/)

**For questions, queries and booking forms:**

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