



**An 8-day experiential training
led by
Jayne Johnson
&
Stephen Tame**

**at
the Hearthsides Room, Bovey Tracey,
Devon.**

**Dates: 20-21 Oct 2018, 30th Nov-
2nd Dec 2018, 4-6 Jan 2019**

**This course is primarily intended to
support process group leaders to
develop their skills, confidence and
capacity.**

Group Facilitation Training 2018

This course is for practitioners leading groups which process emotional and relational material. It will also be useful to trainers and group facilitators in a variety of fields, some examples of these include: counselling, psychotherapy, homeopathy, wilderness leadership, mindfulness, coaching, yoga, shamanic practice, osteopathy, massage, training for trainers.

You will need a level of awareness of your own emotional and relational processes, and a capacity to tolerate a wide range of group relational interactions.

The course will include:

- Creating the conditions - setting the conditions for a successful group
- Personal and group process work, facilitated by Stephen & Jayne
- Opportunities for course members to facilitate the group
- Supervision on your own group facilitation work
- Creative approaches to groupwork, including, for example; channel changing, bodywork, group sculpting, energy awareness, split group and individual work
- Working with polarisation, chaos, and conflict
- Speaking the unspeakable
- Developing your own facilitation style

The course will comprise 3 non-residential, 2 and 3 day weekend sessions.

Total Cost of £800

Some concessionary places are available, dependent on need and bookings.

Some accommodation is available by separate arrangement. There will be a maximum of 12 trainees in the group.

**To book your place please contact Jayne: 07913656889
- mail@jaynejohnson.co.uk**

This course is primarily influenced by:
Our experience as trainers on the
Embodied-Relational and Wild Therapy trainings:
www.erthworks.co.uk

The Grace and Chaos group facilitation training –
first developed by Nick Totton

Our other varied experiences as group participants and
leaders, including:

Shamanic work - www.shamanismembodied.com,
class teaching, professional training work, process
approaches, Hakomi, expressive dance, consensus...
Our experience as relational body psychotherapists and
wild therapists.

www.stephentame.com