



An 8-day experiential training  
led by  
**Jayne Johnson**  
&  
**Stephen Tame**  
at  
**The Hearthsides Room,  
Bovey Tracey, Devon**

**New Dates: 1<sup>st</sup> & 2nd Dec 2018,  
4/5/6 Jan, 1/2/3 March 2019**

This course is primarily intended to support  
process group leaders to develop their skills,  
confidence and capacity.

## **Group Facilitation Training 2018-19**

This course is for practitioners leading groups which process emotional and relational material. It will also be useful to trainers and group facilitators in a variety of fields, some examples of these include: counselling, psychotherapy, homeopathy, wilderness leadership, mindfulness, coaching, yoga, shamanic practice, osteopathy, massage, training for trainers.

You will need a level of awareness of your own emotional and relational processes, and a capacity to tolerate a wide range of group relational interactions.

The course will include:

- Creating the conditions - setting the conditions for a successful group
- Personal and group process work, facilitated by Stephen & Jayne
- Opportunities for course members to facilitate the group
- Supervision on your own group facilitation work
- Creative approaches to groupwork, including, for example; channel changing, bodywork, group sculpting, energy awareness, split group and individual work
- Working with polarisation, chaos, and conflict
- Speaking the unspeakable
- Developing your own facilitation style

The course will comprise 3 non-residential,  
2 and 3 day weekend sessions.

### **Total Cost of £800**

Some concessionary places are available,  
dependent on need and bookings.  
Some accommodation is available by separate arrangement.  
There will be a maximum of 12 trainees in the group.

To book your place please contact Jayne:  
07913656889 – mail@jaynejohnson.co.uk

This course is primarily influenced by:  
Our experience as trainers on the  
Embodied-Relational and Wild Therapy trainings:

[www.earthworks.co.uk](http://www.earthworks.co.uk)

The Grace and Chaos group facilitation training –  
first developed by Nick Totton

Our other varied experiences as group participants  
and leaders, including:

Shamanic work - [www.shamanismembodied.com](http://www.shamanismembodied.com),  
class teaching, professional training work, process  
approaches, Hakomi, expressive dance, consensus...  
Our experience as relational body psychotherapists  
and wild therapists.

[www.stephentame.com](http://www.stephentame.com)